

Leicester Penguins Xmas 2016 Training Schedule

Rockhopper/Development sessions, last session Tuesday 20th December and returning
on Wednesday 4th December

The below timetable is Rockhopper Performance/Age Group/Performance and by invite only.
Please check with your coach if you are unsure.

	Age Group/Performance	Usual session
Friday 23rd December	New Parks 05:45-07:00	Welbeck 19:00-20:45
Saturday 24th December	08:00-10:00	Welbeck 07:45-09:45
Sunday 25th December	No Swimming	Welbeck 16:00-17:00
Monday 26th December	No Swimming	All sessions
Tuesday 27th December	New Parks 08:00-10:00	New Parks 19:00-21:00
Wednesday 28th December	New Parks 08:00-10:00	New Parks 18:00-20:00
Thursday 29th December	New Parks 08:00-10:00	Syston 18:10-20:10
Friday 30th December	New Parks 08:00-10:00	Welbeck 19:00-20:45
Saturday 31st December	New Parks 08:00-10:00	Welbeck 07:45-09:45
Sunday 1st January	No Swimming	All sessions
Monday 2nd January	New Parks 09.00-11.00	Welbeck 18:45-20:45
Tuesday 3rd January	New Parks 09.00-11.00	New Parks 19:00-21:00
Wednesday 4th January	Normal sessions	All Sessions

